



The College of Purna Yoga™

teaching the heart of yoga™

Teacher Training Programs: The 200-hour Level

Yoga Alliance Registered • Washington State-Licensed Vocational School

“Yoga is not to be performed, yoga is to be lived.”

Aadil Palkhivala

“Only when the essence of all truths unite, will a greater truth be born.”

Mirra

Welcome to Purna Yoga

“Purna” means “complete” and *Purna Yoga* distills and integrates the vastness of yoga into an invaluable set of tools for transformation and healing. Reminding us that yoga is far more than a system of exercise, *Purna Yoga* offers wisdom and techniques for the union of the body and the mind with the spirit. Using awareness, precision, and concentration, *Purna Yoga* inspires the evolution from our lower nature to our Divine Self. *Purna Yoga* is the art of loving yourself by living from the heart.

Purna Yoga practitioners learn alignment-based asana, pranayama, and *Purna Yoga* Meditation (the art of aligning inner energies for transformation), along with nutrition and yogic philosophy, adapted for our lifestyles today. Like a tuning fork, *Purna Yoga* aligns our entire being with the vibration of truth and the Divine essence within us and all around us.

The lineage of *Purna Yoga* is based on the teachings of Sri Aurobindo and The Mother, the Vedas, Patanjali, B.K.S. Iyengar, and the systems of Ayurvedic, Chinese and Western nutrition, synthesized by the personal experience of Aadil Palkhivala and Mirra, the founders of *Purna Yoga*. With its roots in the past and its reach into the future, *Purna Yoga* is here to help create the world which we have all dreamed of.

It is undeniable that, in order for you to be an inspiring teacher, you must first be an inspired practitioner. Therefore, the classes at the College of *Purna Yoga* first instill within you a deep love for your own personal practice. Only then can you share your love of yoga with your students. As a practitioner, you will learn to integrate *Purna Yoga* deeply into your own body and life. As a yoga teacher, you will learn to teach from this inner experience.

The College of *Purna Yoga* is a Registered Yoga School with Yoga Alliance and is the first and only Washington State-licensed Vocational School for yoga teachers. Your courses are taught by select Senior Certified *Purna Yoga* Instructors, valued for their dedication and deep commitment to supporting their students’ growth. Come learn to live and teach the whole of yoga. Discover the difference between yoga from the mind and the *Purna Yoga* approach to practicing and teaching yoga from the heart. We trust you will soon discover that there truly is no other teacher training college like the College of *Purna Yoga*.

“I have been fortunate enough to study with all the “stars” of the yoga world. I learned much from them all. The major difference is that others teach how to perform skills; the College of Purna Yoga teaches a student how to evolve.”

Brad Waites, CPYI and 2007 College Graduate, Certified Purna Yoga Instructor and Attorney, Vancouver, BC

“There is so much integrity in this course, it’s truly unique. I recently completed another teacher training course, and I have rarely felt more cared for by a school or institution as I have here. I’ve so, so much more confidence than ever before. Thank you!”

Erica Trumppower, 2008 200-hour Graduate, Fashion Designer and Yoga Teacher, Kirkland, WA

“The college training was a constant reminder to enjoy the journey and focus on growth. There was no space for performance. I found many parts of myself that I didn’t even realize were hidden, because I felt so loved, nurtured, and cared for in every way.”

Nitika Kohli, CPYI and 2008 College Graduate, Certified Purna Yoga Instructor and IT Project Manager, Atlanta, GA

The 200-hour Level

Gain the Knowledge

“At the College of Purna Yoga we are actually learning how to teach. I’ve attended a beginner teacher training where 75% of the workshop consisted of the teacher trainees performing asana. By the time I began teaching a few classes I was doing the asanas with the students rather than teaching. As I continue at the College I am able to realize there is a difference between teachers who perform for their students and those who are able to actually teach their students.”

Erica Bowen, CPYI and 2007 College Graduate

Purna Yoga Teacher, Performance Artist, Clothing Designer

Brooklyn, NY

At the 200-hour Level you gain the knowledge, confidence and awareness that is essential for becoming an alignment-based yoga teacher. The course covers the foundational curriculum of Purna Yoga—alignment-based asana and pranayama, meditation, nutrition and applied yogic philosophy. You will emerge with the ability to teach a variety of classes; the confidence, caring and compassion that keeps your students safe and growing; and the inspiration that makes yoga a powerful tool for transformation. Be prepared to fall in love with your own personal yoga and meditation practice as well, since Purna Yoga awakens the joy of living from the heart.

As you learn the foundational curriculum, you will also explore:

- Anatomy and physiology of asana and pranayama
- How to see and understand bodies, and give hands-on adjustments
- The benefits and contraindications of asana, and the use of props
- How to deal with students’ injuries and health conditions
- The energetics of centering your mind and awakening your intuition
- Delivery, presentation and class control, especially in teaching beginners
- How nutrition and a yogic lifestyle affect your students, your teaching, and life
- Ethics, business, and the professional and energetic boundaries of teaching
- How to apply timeless yogic philosophy to your classes and your daily life

Dates

The 200-hour Level is offered in two formats. Choose one:

Weekend Format: Meets Friday evenings (4:00-8:00 pm), Saturdays (11:00-8:30 pm), and Sundays (9:00-6:30 pm)
Nine weekends over 13 weeks:
Feb 6-8, 13-15, Mar 6-8, 13-14, 27-29, Apr 3-5, 10-12, 24-26, May 1-3, 2009

Month Intensive Format: Meets Monday - Saturday, 8 hours per day (Wednesdays are half days)
May 31 - June 27, 2009

See the detailed schedules at the end of this document.

Cost

\$ 3,250 Early Bird (paid in full 5 weeks in advance)

\$ 3,500 Regular

Tuition does not include lodging, food, books and materials, or travel expenses.

For more information on how to make payments, see the [Payment Options Form](#) at the end of the Application.

Prerequisites

Applicants must have an established asana practice (we recommend one - two years of 2-3 sessions a week in alignment-based yoga—any yoga system that emphasizes the alignment of the body in asana, such as Purna Yoga or Iyengar) prior to beginning the program. The strength of this foundation will support the entirety of the Teacher Training program.

How to Apply

Please complete the Application located at the end of this document. Mail your application to:

The College of Purna Yoga at Yoga Centers
2255 - 140th Ave NE, Ste F
Bellevue, WA 98005

Applications are accepted any time space allows. However, because courses do fill, we recommend you submit your Application two months before your course begins.

We will contact you by email within three weeks of receiving your Application to confirm your acceptance. To receive the Early Bird discount on the 200-hour course, your tuition must be paid in full one month before the start of your course.

Book List

Here are the required textbooks for the 200-hour course. Please refer to the Yoga Centers Online Store (www.yogacenters.com) for prices and ordering information:

Fire of Love by Aadil Palkhivala

Teaching Purna Yoga: 200 Hour Program Manual by Aadil Palkhivala (provided to students by Yoga Centers)

The Sunlit Path by The Mother of Sri Aurobindo Ashram

Trail Guide to the Body, 3rd Edition by Andrew Biel

Frequently Asked Questions

What certificate will I receive?

With your successful completion of the program requirements (course hours and homework) you will earn the 200-Hour Course Completion Certificate from the College of Purna Yoga. This Certificate enables you to register with the Yoga Alliance at the 200-hour level.

What is the Yoga Alliance?

The Yoga Alliance was created to establish national standards for yoga teachers. Over the years, it has grown to become the nationally recognized body of yoga teacher training standards. Yoga Alliance does not certify teachers; instead it provides a list of teachers who have fulfilled certain yoga teacher training minimum standards. Those standards make up the 200-hour level and the 500-hour level of most teacher training programs today. Most studios and yoga teaching venues require teachers to be registered with the Yoga Alliance in order to teach yoga.

When can I register with Yoga Alliance?

With your successful completion of the program requirements (course hours and homework) you will earn the 200-Hour Course Completion Certificate from the College of Purna Yoga. This certificate is the documentation that you need to complete your application to become a Registered Yoga Teacher at the 200-hour Level, becoming a "RYS-200."

What if I miss a class?

To receive your Course Completion Certificate and be eligible for Yoga Alliance registration, you must complete 100% of the classes and requirements. In addition, you must attend the first 5 modules of the course. However, we understand that you may not be able to foresee every conflict, so we have devised the following procedures if you must miss a class.

If you miss more than 30 minutes of a module (4 hour course), either by arriving late or leaving early, you will not receive credit for that module, and the entire module will have to be made-up.

Any missed modules may be made up in the following ways:

- If you miss 1-3 modules (up to 12 hours), you may still complete the program by making up missed classes by taking private lessons with a teacher training instructor. One module (4 hours) = 1.5 hours of private instruction, at a cost of \$120 per 1.5 hour session. Private lesson make-ups must be completed within 30 days of the completion of your course.
- If you miss more than 3 modules, you may continue in the course, but you will not be eligible for a Course Completion Certificate. If you wish to receive a Course Completion Certificate, you will have to retake the course.

Who will be my instructor?

The 200-hour course will be taught by no more than two instructors. This will give you both the opportunity to bond deeply with your lead instructor, and to have a second instructor to add another perspective and teaching style.

The teachers of the 200-hour Level are Certified Purna Yoga Instructors with over 2,000 hours of training, practice, and apprenticing. They are also registered with Yoga Alliance as E-RYT's ("Experienced Registered Yoga Teacher") at the 200 or 500 hour levels (the highest level awarded). They have been hand-selected by Purna Yoga founders Aadil Palkhivala and Mirra, and have studied under them personally for many years to achieve the level of being a College of Purna Yoga faculty member. The members of the college faculty have made very deep commitments to their own practice of Purna Yoga as well as serving others and carrying on the Purna Yoga lineage by training teachers.

"The faculty was extremely supportive, and was always willing to tell me the truth—and it was what I needed to hear to become a better yoga teacher! They carry on the Purna Yoga tradition and operate from their hearts. The entire environment within Yoga Centers is one of love."

Jennifer Weinert, CPYI and 2006 College Graduate
Purna Yoga Instructor) and Event Specialist
Papaikou, HI

How many people will be in class?

We require a minimum of 8 students and accept a maximum of 30 students. In most cases, you will have one teacher and one or two assistants.

Will I have homework?

Yes, you will have two books to read and anatomy worksheets to complete. Expect about 20 hours of homework during the 200-hour course.

How much should I expect to pay for books and materials?

Your books should cost around \$110. You can order them from the Yoga Centers Online Store, or find them at other book resellers.

I am coming from out-of-town. Where can I stay?

We will provide you with a list of local recommended accommodations, ranging from rooms in houses, to hotels and bed and breakfasts, as well as transportation options. Many students find that they prefer to set up carpools and shared lodgings with their classmates while they are here. We regret that, due to privacy concerns, we are not able to share directory information with students until the course has begun.

After I graduate, where will I be able to teach?

Upon completion, you will be able to apply to teach alignment-based yoga at a variety of venues, such as studios, gyms, park departments, and schools. While there are no legal requirements for teaching yoga, most studios require their teachers to be registered with Yoga Alliance. The 200-hour level of training will equip you to teach basic classes; your teaching repertoire will grow as you increase your level of training.

The College of Purna Yoga 200-hour program Weekend Format

Enter Start Date		2/6/2009			
Total Hours		180.00			
Modules Taught	Date	hours	Studio Time	Studio	
1	Friday, February 06, 2009	4	4:00-8:00 pm	3	
2	3 Saturday, February 07, 2009	8	11:00-3:00 and 4:30-8:30 pm	1	
4	5 Sunday, February 08, 2009	8	9:00-1:00 and 2:30-6:30 pm	3	
6	Friday, February 13, 2009	4	4:00-8:00 pm	3	
7	8 Saturday, February 14, 2009	8	11:00-3:00 and 4:30-8:30 pm	1	
9	10 Sunday, February 15, 2009	8	9:00-1:00 and 2:30-6:30 pm	3	
Two Weekends Off					
11	Friday, March 06, 2009	4	4:00-8:00 pm	3	
12	13 Saturday, March 07, 2009	8	11:00-3:00 and 4:30-8:30 pm	1	
14	15 Sunday, March 08, 2009	8	9:00-1:00 and 2:30-6:30 pm	3	
16	Friday, March 13, 2009	4	4:00-8:00 pm	3	
17	18 Saturday, March 14, 2009	8	11:00-3:00 and 4:30-8:30 pm	1	
19	20 Sunday, March 15, 2009	8	9:00-1:00 and 2:30-6:30 pm	3	
One Weekend Off					
21	Friday, March 27, 2009	4	4:00-8:00 pm	3	
22	23 Saturday, March 28, 2009	8	11:00-3:00 and 4:30-8:30 pm	1	
24	25 Sunday, March 29, 2009	8	9:00-1:00 and 2:30-6:30 pm	3	
26	Friday, April 03, 2009	4	4:00-8:00 pm	3	
27	28 Saturday, April 04, 2009	8	11:00-3:00 and 4:30-8:30 pm	1	
29	30 Sunday, April 05, 2009	8	9:00-1:00 and 2:30-6:30 pm	3	
31	Friday, April 10, 2009	4	4:00-8:00 pm	3	
32	33 Saturday, April 11, 2009	8	11:00-3:00 and 4:30-8:30 pm	1	
34	35 Sunday, April 12, 2009	8	9:00-1:00 and 2:30-6:30 pm	3	
One Weekend Off					
36	Friday, April 24, 2009	4	4:00-8:00 pm	3	
37	38 Saturday, April 25, 2009	8	11:00-3:00 and 4:30-8:30 pm	1	
39	40 Sunday, April 26, 2009	8	9:00-1:00 and 2:30-6:30 pm	3	
41	Friday, May 01, 2009	4	4:00-8:00 pm	3	
42	43 Saturday, May 02, 2009	8	11:00-3:00 and 4:30-8:30 pm	1	
44	45 Sunday, May 03, 2009	8	9:00-1:00 and 2:30-6:30 pm	3	

The College of Purna Yoga 200-hour program

Start Date		5/31/2009		
Total Hours		180.00		
Modules Taught	Date	hours	Time	Studio
1	Sunday, May 31, 2009	4	2-6pm	1
2	3 Monday, June 01, 2009	8	8:30-12:30 and 1:30-5:30pm	3
4	5 Tuesday, June 02, 2009	8	8:30-12:30 and 1:30-5:30pm	3
6	Wednesday, June 03, 2009	4	12-4pm	1
7	8 Thursday, June 04, 2009	8	8:30-12:30 and 1:30-5:30pm	3
9	10 Friday, June 05, 2009	8	11:30-3:30 and 4:30-8:30pm	1, 3
11	12 Saturday, June 06, 2009	8	11:00-3:00 and 4:00-8:00pm	1
13	14 Monday, June 08, 2009	8	8:30-12:30 and 1:30-5:30pm	3
15	16 Tuesday, June 09, 2009	8	8:30-12:30 and 1:30-5:30pm	3
17	Wednesday, June 10, 2009	4	12-4pm	1
18	19 Thursday, June 11, 2009	8	8:30-12:30 and 1:30-5:30pm	3
20	21 Friday, June 12, 2009	8	11:30-3:30 and 4:30-8:30pm	1, 3
22	23 Saturday, June 13, 2009	8	11:00-3:00 and 4:00-8:00pm	1
24	25 Monday, June 15, 2009	8	8:30-12:30 and 1:30-5:30pm	3
26	27 Tuesday, June 16, 2009	8	8:30-12:30 and 1:30-5:30pm	3
28	Wednesday, June 17, 2009	4	12-4pm	1
29	30 Thursday, June 18, 2009	8	8:30-12:30 and 1:30-5:30pm	3
31	32 Friday, June 19, 2009	8	11:30-3:30 and 4:30-8:30pm	1, 3
33	34 Saturday, June 20, 2009	8	11:00-3:00 and 4:00-8:00pm	1
35	36 Monday, June 22, 2009	8	8:30-12:30 and 1:30-5:30pm	3
37	38 Tuesday, June 23, 2009	8	8:30-12:30 and 1:30-5:30pm	3
39	Wednesday, June 24, 2009	4	12-4pm	1
40	41 Thursday, June 25, 2009	8	8:30-12:30 and 1:30-5:30pm	3
42	43 Friday, June 26, 2009	8	11:30-3:30 and 4:30-8:30pm	1, 3
44	45 Saturday, June 27, 2009	8	11:00-3:00 and 4:00-8:00pm	1



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200-hour Teacher Training Application

Start Date of Course:

Name

Address

City, State Zip

Phone Numbers - Main

Alternate

Email

Date of Birth

Occupation

High School Education

Name, City, State

Graduation Date

or GED Date

College Education

Name, City, State

Dates Attended

Degree Earned

How did you hear about the College of Purna Yoga™?

How would you rate your overall health?

Do you have any current medical conditions?

Please answer the following questions on separate paper (typed; no more than 2 sheets total please):

1. What styles of yoga and meditation have you done and for how long? Which teachers have most inspired you?
2. Briefly describe your current yoga and meditation practice. Include you current challenges and breakthroughs.
3. Have you taken any courses in Purna Yoga? If so, which one(s)?
4. Have you done a yoga teacher training course before? If so, which one(s)?
5. Do you currently teach yoga? If so, please describe your teaching style and purpose. If not, why do you wish to teach yoga?
6. What are your expectations of the program? What do you hope to learn?

Thank you!

Submitting Your Application

Courses do fill, so we recommend you apply as early as possible. Send your completed application to:

The College of Purna Yoga at Yoga Centers
2255 - 140th Ave NE, Ste F
Bellevue, WA 98005

Include:

- Application and Enrollment Agreement (this 7-page document)
- Your typed answers to the questions above
- Your \$100 Registration Fee

Tuition and Fees

Early Bird Tuition (if paid in full 5 weeks in advance)

\$ 100	Registration Fee - due with application
\$ 3,150	Early Bird Tuition Payment - due 5 weeks in advance
<u>\$ 3,250</u>	TOTAL

Regular Tuition (paid in full one week in advance)

\$ 100	Registration Fee - due with application
\$ 3,400	Tuition Payment - due 1 week in advance
<u>\$ 3,500</u>	TOTAL

What Happens Next?

We will contact you by email within 3 weeks to confirm your enrollment. In order to receive the Early Bird discount, your tuition balance must be paid in full within 5 weeks of the start of your course. For the regular tuition, your tuition balance must be paid within one week of the start of your course.

This Enrollment Agreement is between the College of Purna Yoga and:

Student's Name: _____

Address: _____

Telephone: _____ Social Security Number (optional): _____

The school agrees to provide the following training: The College of Purna Yoga: Teacher Training Program, 200-hour Level

Starting date: _____

Completion date: _____

Program consists of 200 hours of course work.

Cost

Registration Fee: \$ 100

Tuition: \$3,400 – Regular
\$3,150 – Early Bird

Books: Approx. \$100

Cancellations and Refunds

The school must refund all money paid if the applicant is not accepted. This includes instances where a starting class is canceled by the school.

1. The school must refund all money paid if the applicant cancels within five business days (excluding Sundays and holidays) after the day the contract is signed or an initial payment is made, as long as the applicant has not begun training.
2. The school may retain an established registration fee equal to ten percent of the total tuition cost, or one hundred dollars, whichever is less, if the applicant cancels after the fifth business day after signing the contract or making an initial payment. A “registration fee” is any fee charged by a school to process student applications and establish a student record system.
3. If training is terminated after the student enters classes, the school may retain the registration fee established under (c) of this subsection, plus a percentage of the total tuition as described in the following table.
4. When calculating refunds, the official date of a student’s termination is the last day of recorded attendance:
 - (a) When the school receives notice of the student’s intention to discontinue the training program; or,
 - (b) When the student is terminated for a violation of a published school policy which provides for termination; or,
 - (c) When a student, without notice, fails to attend classes for thirty calendar days.
5. All refunds must be paid within thirty calendar days of the student’s official termination date.

Refund Policy

1. Within five days of receipt of the enrollment agreement, a student may withdraw and be refunded all money paid.
2. After five days of receipt of the enrollment agreement, but before the program starts, a student may withdraw and receive all tuition paid, except the \$100 registration fee.

3. If a student withdraws after starting the program, the refund will be calculated according to the following table:

<u>If the student completes this much of the training:</u>	<u>The student will be refunded this percentage of their total tuition</u>
One week or up to 10%, which ever is less	90% (minus \$100 registration fee)
More than one week or 10% (whichever is less), but not more than 25%	75% (minus \$100 registration fee)
25% through 50%	50% (minus \$100 registration fee)
50% or more	No Refund

4. Deposits and fees cannot be transferred to any other programs at the College of Purna Yoga, or Yoga Centers.

Agreement is Binding

This agreement will be binding only when it has been fully completed, signed, and dated by the student and an authorized representative of the school prior to the time instruction begins.

Changes in the Agreement

Any changes in the agreement will not be binding on either the student or the school unless such changes are acknowledged in writing by an authorized representative of the school and by the student or the student's parent or guardian if he/she is a minor.

Effective Date of Acceptance

I certify that I have read and understand the cancellation and refund policy and the complaint procedure; I have received a copy of the school catalog or brochure; and I am entitled to an exact copy of this Enrollment Agreement, school catalog, and any other papers I sign. I hereby agree to abide by the conditions set forth herein.

Discontinued Programs

If the school discontinues instruction in any program after students enter training, including circumstances where the school changes its location, students must be notified in writing of such events and are entitled to a pro-rata refund of all tuition and fees paid unless comparable training is arranged for by the school and agreed upon, in writing, by the student. A written request for such a refund must be made within 90 days from the date the program was discontinued or relocated and the refund must be paid within 30 days after receipt of such a request.

Termination by the School

A student who fails to maintain satisfactory progress, violates safety regulations, interferes with other students' work, is disruptive, obscene, under the influence of alcohol or drugs, violates the intentions of the yamas and niyamas, or does not make timely tuition payments, is subject to immediate termination.

Cancellation of Classes

The school reserves the right to cancel a starting class if the number of students enrolling is insufficient. Such a cancellation will be considered a rejection by the school and will entitle the student to a full refund of all money paid.



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NOTICE

Washington law requires the following information to be supplied to each student enrolling in a private vocational school licensed under RCW 28C.10. One copy of this notice bearing original signatures must be attached by the school as an addenda to that individual's enrollment agreement and a copy must be provided to the enrollee by the school.

Acknowledgment by Enrollee

1. I understand and accept that any contract for training I enter into with the above named school contains legally binding obligations and responsibilities.
2. I understand and accept that repayment obligations will be placed upon me by any loans or other financing arrangements I enter into as a means to pay for my training.
3. I understand that any enrollment contract I enter into will not be binding or take effect for at least five days, excluding Sundays and holidays, following the last date such a contract is signed by the school and myself, provided that I have not entered classes sooner.

Acknowledgment by School

Prior to being enrolled in this school, the applicant whose name and signature appears below has been made aware of the legal obligations he/she takes on by entering into a contract for training. Those discussions included cautions by the school about acquiring an excessive debt burden that might become difficult to repay given employment opportunities and average starting salaries in his/her chosen occupation.

Signed: _____

Title: College Administrator

Date: _____

Print Name: _____

Signed: _____

Date: _____



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200-hour Payment Options Form Weekend Format Feb 6 - May 3, 2009

Select One:

One Payment - Early Bird Price \$3,250

- Up to January 6, 2009

You apply to the college by sending in the following:

Application and Enrollment Form

\$100 check for Registration Fee

This Payment Options Form

- Due by January 6, 2009

Your tuition must be paid in full: \$3,150

One Payment - Regular Price \$3,500

- Up to January 30, 2009

You apply to the college by sending in the following:

Application and Enrollment Form

\$100 check for Registration Fee

This Payment Options Form

- Due by January 30, 2009

Your tuition must be paid in full: \$3,400

Three Payments - Regular Price \$3,500

- Up to November 30, 2008

You apply to the college by sending in the following:

Application and Enrollment Form

\$100 check for Registration Fee

This Payment Option Form

- Due by November 30, 2008

\$1,200 Payment #1 (check or credit card)

- Due on December 30, 2008

\$1,100 Payment #2 (automatic payment to credit card on file)

- Due on January 30, 2009

\$1,100 Payment #3 (automatic payment to credit card on file)

Payment Authorization

I hereby grant Yoga Centers, dba The College of Purna Yoga, to charge my credit card on the dates and for the amounts I have selected above.

Credit Card#: _____

Expiration Date (MM/YY): _____

Security Code on Back of Card (3 digits): _____

Name: _____

Billing Address: _____

Signature: _____



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200-hour Payment Options Form Month Intensive Format May 31 - June 27, 2009

Select One:

One Payment - Early Bird Price \$3,250

- Up to April 30, 2009

You apply to the college by sending in the following:

Application and Enrollment Form

\$100 check for Registration Fee

This Payment Options Form

- Due by April 30, 2009

Your tuition must be paid in full: \$3,150

One Payment - Regular Price \$3,500

- Up to May 24, 2009

You apply to the college by sending in the following:

Application and Enrollment Form

\$100 check for Registration Fee

This Payment Options Form

- Due by May 24, 2009

Your tuition must be paid in full: \$3,400

Three Payments - Regular Price \$3,500

- Up to March 24, 2009

You apply to the college by sending in the following:

Application and Enrollment Form

\$100 check for Registration Fee

This Payment Option Form

- Due by March 24, 2009

\$1,200 Payment #1 (check or credit card)

- Due on April 24, 2009

\$1,100 Payment #2 (automatic payment to credit card on file)

- Due on May 24, 2009

\$1,100 Payment #3 (automatic payment to credit card on file)

Payment Authorization

I hereby grant Yoga Centers, dba The College of Purna Yoga, to charge my credit card on the dates and for the amounts I have selected above.

Credit Card#: _____

Expiration Date (MM/YY): _____

Security Code on Back of Card (3 digits): _____

Name: _____

Billing Address: _____

Signature: _____